

# Being Your Best Crafts

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## The Real Me

- Scissors (pointed tip)
- Crayola Window FX Washable Markers
- Crayola Window FX Window Cling Kit
- stapler and staples
- plastic freezer bags (transparent)

*Safety guidelines recommend this art project is suitable for children age 4 years and older.*

Picture your personality's many layers in one see-through portrait. Use Crayola® window decorating tools on plastic for a clear view of The Real Me.

1. Who you are has many parts. First, there is what people see when they look at you. They notice how you look, what you wear, what you do in public.
2. Next, there are the parts of you that your close friends and family know about. They probably know about your hero(ine)s and accomplishments.
3. Finally, there is your core---what is more personal. Maybe you are just beginning to understand who you are yourself. Maybe you have wishes or dreams. All three of these layers make up who you are. These parts of your personality are what is important to you. They inspire your actions.
4. Reflect on these three levels of yourself. Then use transparent plastic freezer bags to create a see-through self-image.
5. Draw a simple body outline that's large enough to write inside with Crayola® Window FX Washable Markers. Make the shape about the size of a giant gingerbread cookie cutter. With Crayola® Scissors cut out the same shape three times.
6. With Crayola® Window FX Window Clings and Window FX Washable Markers, write words or draw pictures that represent your ideas. On one piece, draw how you look to others. On the second piece, show some things about you that only a few people know. Draw your dreams on the third piece. Use the tube of black Window FX Cling paint to outline pictures. Dry overnight.
7. Fill in the outlines with maker and cling colors. Dry overnight.
8. Stack the three pieces with your public image on top. Staple together. See how your various personality traits peek through!



## Me and My Favorites

- Colored Pencils
- white paper

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What's in a name? Let kids discover for themselves with this activity that promotes self-awareness and self-esteem as well as language and art skills.

1. Write your name in large block letters with Crayola® Colored Pencils on white paper.
2. What are some of your favorites-people, songs, games, colors? Draw pictures of them inside and around the spaces near the letters in your name. Try choosing ones that start with the letters of your name!



## Reach for the Stars

- Crayola Colored Pencils
- Crayola Glitter Glue
- ruler
- paper
- posterboard
- construction paper (optional)

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Encourage your children to set high goals and chart their own course to success. This great art project keeps their eyes on the stars.

1. With Crayola® Colored Pencils write down one or several goals that you would like to achieve. Next, write down all the steps you can take to reach those goals. For instance, if your goal is to raise your grade in math, your steps might be: 1) Bring home math book every night to complete homework. 2) Do extra credit work. 3) Ask for help. 4) Study longer for tests.
2. On poster board or a large sheet of construction paper, use a ruler to draw a ladder from the bottom of the paper to about half-way up. Write each action step to reach your goal in order on the ladder rungs. Color in each rung.
3. Draw stars and write your goals on them. Draw smaller stars to represent small achievements and one large star to show your main goal. For instance, the smaller stars could show your test scores and the larger star could show your final goal of getting a higher grade. Outline your stars with Crayola® Glitter Glue.
4. Color in your stars when you achieve your goals.



## Biography Beads or Medallions

- Crayola Colored Pencils
- Crayola Model Magic®
- Crayola Washable Markers
- Crayola Paint Brushes
- Crayola Washable Paint or Watercolors
- recycled newspaper
- toothpicks - wooden
- white paper
- plastic dinnerware



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What makes your kids unique? They can represent their interests much as people in Native American cultures did by designing personalized biography beads or medallions.

1. Do you love to read, play soccer, dance? Who is your best friend? Are you a thoughtful and generous person? Think about the words that best describe you, and pictures that could represent these words. You might want to sketch your ideas first with Crayola® Colored Pencils.
2. Then use Crayola® Model Magic® to create medallions and/or beads that represent the way you described yourself. Plastic knives or forks can be used to etch designs in the moist modeling compound.
3. Before the pieces dry, use a toothpick to poke a hole through the middle of beads and in the tops of medallions so you can string them later.
4. When the pieces are dry, cover your work area with newspaper. Paint and decorate the pieces with Crayola® Washable Paint, Watercolors, Paint Brushes, or Washable Markers.
5. After the paint is dry, hang medallions from ribbons. Arrange the beads in a necklace or bracelet pattern that tells a story about you. For instance, if you use a heart to symbolize the word love, place beads symbolic of your family after it to show you love your family.