



2015 GSNorCal Cadette Camporee General Information

It's Palo Alto Cadette Camporee planning time!

What is Palo Alto Cadette Camporee?

A weekend of traditional Girl Scout troop camping in the woods, outdoor skills events, campfires and songs, flag ceremonies, a Scout's Own, and lots of FUN!

Registration for this very popular event will be in January, 2015, and will take place on the Camporee website.

All girls must be registered Girl Scouts

Adults:

- 1 attending adult must have Basic Camping Certification; check the Council training catalog .
- 1 attending adult must be First Aid certified.
- all adults attending must be registered GS
- all adults attending must be Volunteer Approved

When: May 8-10, 2015

Friday afternoon 4:00 pm – Sunday morning 11:00 am

Cost: \$25 per person (girls and adults); there are no refunds of fees

Who: 6, 7, 8 grade girls only

Adults: limit 2 per troop

Troop size: minimum of 8 girls—smaller size troops should try to combine with another troop or we will do it for you

Where: GS Skylark Ranch located approximately 1 to 1 ½ hr drive from the Bay Area;

Directions and maps to be included in registration materials in January

Weather: May can be cool and damp: Morning fog – midday sun

Parking at every site – no more than 2 vehicles to stay the weekend; can have “drop off”

Hilly terrain: there will be walking; activities are not held in one central space

EMT or RN on site; nearest emergency medical facility is in Santa Cruz 30 min away

Flush toilets at each site

Communal shower house

Tent cabins for all [do not bring tents – no space]; all sites accommodate leaders in separate space/tent from girls

Campsites are shared sites: 2 – 4 troops

Fire pit &/or grill at each campsite: 2 – 4 at each site to share among troops

Tables: enough to share among troops in each site; the non-bench folding table is to be used for cooking set up, again troops share the space

Seating: bring sit-upons, camp stools, camp chairs; kids can sit on platform tent steps –

ABSOLUTELY NO FOOD IN TENTS

Weekend Schedule: this is very general, as the specifics will be sent with registration materials (what to bring, volunteers for flag & skits, etc)

Friday (4 pm on – no earlier please!): post school day arrival, set up camp, all camp campfire

Saturday morning – skills events

Knot tying relay, fire building, emergency shelter building, first aid skills, outdoor cooking, “in the woods” skills [uses compass navigation, distance estimating, very general nature identification, & trail markings] similar to but not an actual orienteering course

All skills events will be **judged according to the website descriptions**

Saturday afternoon – activities (subject to change) in 1 hr slots from 2 – 5 pm; pick and choose or plan your own

Examples: possible high ropes course on 1st come basis at registration, hike to the ocean, craft projects (several to be offered), learn to do or review lashing workshop, special hike to Fern Grove, field games

Saturday evening – make your own dinner followed by all-camp campfire with entertainment and results of the morning events

Sunday – Scouts Own followed by an all camp breakfast we provide to you! then packing and tidying your campsite

11:00 am sharp departure!



Palo Alto Cadette Camporee

Outdoor Knowledge & Skills Each Scout Should Know

Knots – ability to tie all of the following:

- Square knot
- Clove hitch
- Bowline (must hand off rope end)
- Taut-line Hitch Reversed (must have 3 “wraps” around standing end of rope & must end up parallel and all going in the same direction)

Build a fire

- Using as few matches as possible
- Water bucket: metal (no plastic !)
size: no smaller than 10 inch diameter x 8 inch high and no bigger than 12 inch diameter x 10 inch high
- Jack knife safety and use
- Create tinder from provided wood
- Build fire structure from previously gathered wood brought to event site in bucket

Build an emergency shelter

- Using a 12' x 15' tarp (provided)
- May use downed wood (5-6 ft poles provided), but no more than 3 allowed
- May bring small shovel, hammer, pruning saw, pocket knife

First Aid

- basic: bleeding, burns, breathing emergencies, joint and bone injuries, shock, etc.
- demonstrate first aid skills
- written first aid test

Cooking with a Box Oven

- Teams are provided: box, aluminum foil, tape, empty soda cans, charcoal briquettes, pans (for charcoal briquettes and for food), fire starters, ground tarp, matches, mystery food ingredients
- Each team brings: metal water bucket, tongs, pot holders, pocket knives, cutting board(s), 1-2 mixing bowls, mixing spoons, plastic 1-cup liquid measure, and 1 serving plate.
- DO NOT BRING: sun umbrellas, ground cloth, tables, any condiments (including salt, pepper, and oil), anything not on the above list.

Determine direction, distance, height, and elapsed time

- Bring own compass, measurement sheet (see “Estimating” in the [“Outdoor Skills”](#) section of the Camporee Web site) with known pace, known fingertip spread, known arm length

Trail signs: directional, simple, using rocks & sticks

Go to the [“Outdoor Skills”](#) section of the [Camporee Web site](#) for the “how to” of skills